**7th Home and Careers**

**CLASSROOM EXPECTATIONS**

1. Students are expected to use proper language

2. Students are expected to actively participate in class and are given a daily grade based on that participation worth up to 5 points.

3. Bring all needed materials to class everyday.

**CLASSROOM RULES**

1. Be on time
2. Be prepared to learn ( a pen/pencil and your agenda)
3. Be respectful (don’t talk back or talk when someone else is talking)
4. Be responsible
5. Don’t get out of your seat without permission
6. No phones or electronics
7. Respect other people’s property (if it’s not yours, don’t touch it)
8. No food or drinks in class (except water bottles)
9. Keep your hands, feet, and hurtful words to yourself
10. Listen to and follow all directions

**MATERIALS**

* 1 ½ inch 3 Ring Binder
* Notebook dividers ( 1 pack)
* Pens or Pencils
* Planner

**GRADING**

**20%** - Tests/quizzes given at the end of each unit

**20%** - Classwork and Do Nows

**20%** - Daily participation grade

**40%** - Projects

**DISCIPLINE AND CONSEQUENCES**

First offense – you will be given a warning

Second offense – You will lose points for the day, resulting in lunch detention or after school detention

Third offense – phone call home and a referral

*\*Depending on behavior, steps may be repeated or combined*

**COMMUNICATION**

Communication between student, teacher, and parent is highly encouraged.

The best way to contact the teacher is via email: [jwollyung@saugerties.k12.ny.us](mailto:jwollyung@saugerties.k12.ny.us)

I check my email numerous times during the day and in the evening.

*The following are topics and areas that we will study this year*

**7th Grade Curriculum**

**Steps to success**

* Learning styles
* Multiple intelligences
* Study skills
* Organizational skills
* Decision making skills
* Communication skills

**Understanding and Caring for Children**

* Ages and stages of development
* Childcare skills/”Super Sitter”
* Child safety
* Play
* Discipline vs. Punishment

**Family and Friends**

* Family structures
* Roles and responsibilities
* Strengthening families
* Developing friendships
* Getting along with others

**Kitchen Safety and Sanitation**

* Kitchen and food safety
* Sanitation

**Preparing to cook**

* Utensils and equipment
* Measuring
* Reading a recipe

**Nutrition and Wellness**

* Influences on food choices
* Dietary guidelines
* Nutrients
* MyPlate and serving sizes
* Diet analysis
* Food labels
* Eating Disorders
* Food labs

**Preparing to Sew**

* Sewing safety
* Use of sewing machine and equipment
* Sewing project

**Clothing Management**

* Influences on clothing choices
* Simple clothing repairs
* Clothing care (laundry)

**Financial Fitness**

* Developing a budget
* Saving for goals
* Banking
* Credit vs. Debit

**Being a Smart Consumer**

* Rights and responsibilities
* Spending traps
* Comparison shopping
* Judging media messages

**World of Work**

* School to work
* Rights and responsibilities
* Working papers
* Job application
* Interview skills
* Career research process