



SAUGERTIES CENTRAL SCHOOL DISTRICT

Call Box A

310 Washington Avenue Ext.
Saugerties, New York 12477
(845) 247-6500
www.saugerties.k12.ny.us

Dear Parent/Guardian,

Education Law requires all New York State (NYS) public school students to have a health exam when they are a new student in a school district and when they enter Pre-K or Kindergarten, and grades 1, 3, 5, 7, 9, and 11.

Beginning on 1/31/21, schools cannot accept the health exam if it is not on the required form or the required health record equivalent.

We have attached a letter and copy of the required form with instructions for your health care provider (HCP). The form and instructions are also on our website at www.schoolhealthny.com. Please share the attached papers at your child's visit for a health exam with the health care provider (HCP). This is typically your doctor but may be a nurse practitioner or physician assistant.

Sincerely,

Dr. Lisa Jane Kappler
Director Pupil Personnel Services

If you have questions, please contact:

Cahill Elementary: Marcy Traudt	845-247-6800 x4799	f: 845-681-4001
Morse Elementary: Sherri Danza	845-247-6960 x5799	f: 845-681-4222
Mt. Marion Elementary: Lynda Angier	845-247-6920 x6799	f: 845-681-4233
Riccardi Elementary: Connie Sciutto	845-247-6870 x7799	f: 845-246-2582
Saugerties Junior High: Nara Scanlon	845-247-6561 x2799	f: 845-246-2773
Saugerties High School: Susan Carter	845-247-6651 x1799	f: 845-246-2773



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Dear Health Care Provider,

Education Law requires all New York State (NYS) public school students to have a health exam as a new entrant and in Pre-K or Kindergarten and grades 1, 3, 5, 7, 9, and 11.

Effective 2/1/21, all health examinations performed for school must be documented on the [NYS Required Health Examination Form](#)  or an electronic health record equivalent form - pursuant to Education Law. The form will be available on the NYSDOH Health Commerce System (HCS) in mid-February.

ONLY the approved form or an electronic health record equivalent form will be accepted by schools for health examinations conducted on or after 1/31/2021.

Students who present a physical exam that is not acceptable will be required to have the parent/guardian contact your office to complete the correct form. Students who are unable to obtain the correct form will be required to have the health examination repeated at school, which will upset many families. To prevent that, we ask that you comply with Education Law and document a health exam on the correct form or electronic health record equivalent.

Please note the components on the health exam form are required in NYS Law.

The [Instructions for Completion of New York State School Health Examination Form](#)  provides direction to healthcare providers on the required components and the required presentation order of those components for an electronic health record form to be an equivalent form.

This information is also on the NYS Center for School Health website at www.schoolhealthny.com.

Thank you for assisting your patients and families by providing the documentation required by NYS Education Law.

Sincerely,

Dr. Lisa Jane Kappler
Director of Pupil Personnel Services

Please direct any questions to:

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REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM TO BE COMPLETED BY PRIVATE HEALTH CARE PROVIDER OR SCHOOL MEDICAL DIRECTOR IF AN AREA IS NOT ASSESSED INDICATE NOT DONE					
Note: NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special education (CPSE).					
STUDENT INFORMATION					
Name				Sex: ☐ M ☐ F	
School:				DOB:	
				Grade:	
				Exam Date:	
HEALTH HISTORY					
Allergies ☐ No ☐ Yes, indicate type		Type: ☐ Medication/Treatment Order Attached ☐ Anaphylaxis Care Plan Attached			
Asthma ☐ No ☐ Yes, indicate type		☐ Intermittent ☐ Persistent ☐ Other : ☐ Medication/Treatment Order Attached ☐ Asthma Care Plan Attached			
Seizures ☐ No ☐ Yes, indicate type		Type: ☐ Medication/Treatment Order Attached		Date of last seizure: ☐ Seizure Care Plan Attached	
Diabetes ☐ No ☐ Yes, indicate type		Type: ☐ 1 ☐ 2 ☐ Medication/Treatment Order Attached ☐ Diabetes Medical Mgmt. Plan Attached			
Risk Factors for Diabetes or Pre-Diabetes: <i>Consider screening for T2DM if BMI% > 85% and has 2 or more risk factors: Family Hx T2DM, Ethnicity, Sx Insulin Resistance, Gestational Hx of Mother, and/or pre-diabetes.</i>					
BMI _____ kg/m2					
Percentile (Weight Status Category): ☐ <5 th ☐ 5 th -49 th ☐ 50 th -84 th ☐ 85 th -94 th ☐ 95 th -98 th ☐ 99 th and>					
Hyperlipidemia: ☐ No ☐ Yes ☐ Not Done			Hypertension: ☐ No ☐ Yes ☐ Not Done		
PHYSICAL EXAMINATION/ASSESSMENT					
Height:		Weight:		BP:	
				Pulse:	
				Respirations:	
Laboratory Testing		Positive Negative		Date	
TB- PRN		☐		☐	
Sickle Cell Screen-PRN		☐		☐	
Lead Level Required Grades Pre- K & K				Date	
☐ Test Done ☐ Lead Elevated ≥ 5 $\mu\text{g/dL}$					
☐ System Review and Abnormal Findings Listed Below					
☐ HEENT		☐ Lymph nodes		☐ Abdomen	
☐ Dental		☐ Cardiovascular		☐ Back/Spine	
☐ Neck		☐ Lungs		☐ Genitourinary	
				☐ Extremities	
				☐ Skin	
				☐ Neurological	
				☐ Speech	
				☐ Social Emotional	
				☐ Musculoskeletal	
☐ Assessment/Abnormalities Noted/Recommendations:				Diagnoses/Problems (list) ICD-10 Code*	
☐ Additional Information Attached				*Required only for students with an IEP receiving Medicaid	

Name:				DOB:	
SCREENINGS					
Vision (w/correction if prescribed)	Right	Left	Referral	Not Done	
Distance Acuity	20/	20/	☐ Yes ☐ No	☐	
Near Vision Acuity	20/	20/		☐	
Color Perception Screening ☐ Pass ☐ Fail				☐	
Notes					
Hearing Passing indicates student can hear 20dB at all frequencies: 500, 1000, 2000, 3000, 4000 Hz; for grades 7 & 11 also test at 6000 & 8000 Hz.				Not Done	
Pure Tone Screening	Right ☐ Pass ☐ Fail	Left ☐ Pass ☐ Fail	Referral ☐ Yes ☐ No	☐	
Notes					
Scoliosis Screen Boys in grade 9, and Girls in grades 5 & 7	Negative	Positive	Referral	Not Done	
	☐	☐	☐ Yes ☐ No	☐	
RECOMMENDATIONS FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS/PLAYGROUND/WORK					
☐ Student may participate in all activities without restrictions. ☐ Student is restricted from participation in: ☐ Contact Sports: Basketball, Competitive Cheerleading, Diving, Downhill Skiing, Field Hockey, Football, Gymnastics, Ice Hockey, Lacrosse, Soccer, and Wrestling. ☐ Limited Contact Sports: Baseball, Fencing, Softball, and Volleyball. ☐ Non-Contact Sports: Archery, Badminton, Bowling, Cross-Country, Golf, Riflery, Swimming, Tennis, and Track & Field. ☐ Other Restrictions:					
Developmental Stage for Athletic Placement Process <u>ONLY</u> required for students in Grades 7 & 8 who wish to play at the high school interscholastic sports level OR Grades 9-12 who wish to play at the modified interscholastic sports level. Tanner Stage: ☐ I ☐ II ☐ III ☐ IV ☐ V Age of First Menses (if applicable) : _____					
☐ Other Accommodations*: (e.g. Brace, orthotics, insulin pump, prosthetic, sports goggle, etc.) Use additional space below to explain. *Check with athletic governing body if prior approval/form completion required for use of device at athletic competitions.					
MEDICATIONS					
☐ Order Form for Medication(s) Needed at School Attached					
IMMUNIZATIONS					
☐ Record Attached ☐ Reported in NYSIIS					
HEALTH CARE PROVIDER					
Medical Provider Signature:					
Provider Name: <i>(please print)</i>					
Provider Address:					
Phone:			Fax:		
Please Return This Form To Your Child's School When Completed.					